

# Hearth 'n Kettle

RESTAURANTS • Est. 1973

## TAKE-OUT MENU

Serving Breakfast, Lunch & Dinner daily from 7 am! Free Wi-Fi at all locations!

HYANNIS • (508) 771-3000  
Rte. 132 /Bears's Way at the Cape Codder Resort

YARMOUTH • (508) 394-2252  
1196 Main St./Rte. 28 in the H 'n K Plaza

ORLEANS • (508) 240-0111  
9 West Road in Skaket Corners

PLYMOUTH • (508) 746-7100  
25 Summer St. at the John Carver Inn

WEYMOUTH • (781) 331-7007  
151 Main St./Rte. 18

S. ATTLEBORO • (508) 399-6677  
250 Washington St./Rte. 1

### Hearty Cape Cod Breakfasts

Served from 7 am 'til close.

#### Country Egg Omelettes

- Beantown Omelette 8.99** Ham, onions, peppers, baked beans, cheddar & Swiss
- Plantation Omelette 8.99** Three cheese omelette with a side of bacon and sausage
- Bacon, Tomato & Cheese Omelette 8.59** Diced tomato, bacon, cheddar & Swiss
- Hash, Onion & Cheese Omelette 8.99** Grilled corned beef hash and sautéed onions with cheddar and Swiss cheeses
- Steak 'n Cheese Omelette 9.29** Lean shaved steak grilled with sautéed onion and sweet peppers with aged cheddar and buttery Swiss
- Baby Bella Veggie Omelette 8.99** Grilled baby bella mushrooms, broccoli, spinach, tomato and onion with cheddar and Swiss
- Florentine Omelette 8.99** Fresh baby spinach, tomatoes, Kalamata olives and feta cheese
- Brazilian Omelette 9.29** Sweet peppers, linguica, sautéed onion and pepper jack cheese, served with salsa and sour cream
- Healthy Start Omelette 9.29** Organic egg whites with fresh spinach, bell peppers, baby bella mushrooms and feta cheese
- Meat Lovers Omelette 8.99** Ham, bacon, sausage and linguica with cheddar & Swiss
- H'nK Special Omelette 8.99** *H'nK Favorite!* A taste sensation with ham, sausage, peppers, onions, mushrooms and cheese

SERVED 7 AM UNTIL 3 PM DAILY

#### Pancakes and French Toast

- Apple Walnut French Toast 8.79** *H'nK Favorite!* Our thick french toast topped with sliced apples and walnuts in our warm maple butter
- H'nK French Toast 6.99**
- Cinnamon Raisin French Toast 6.99** Made with bakery fresh cinnamon raisin bread
- Organic French Toast 7.59** Organic wheat bread in an organic egg white batter
- Apple Walnut Pancakes 7.79** Buttermilk pancakes topped with sliced apples and walnuts in our warm maple butter
- Buttermilk Pancakes 6.29**
- Whole Wheat Pancakes 6.29**
- Blueberry Pancakes 7.29** Buttermilk pancakes, wild blueberries & blueberry syrup
- Chocolate Chip Pancakes 7.99** Our buttermilk pancakes grilled with chocolate chips served with a chocolate drizzle
- NEW Cranberry Whole Wheat Pancakes 7.29** Whole wheat pancakes with sliced cranberries

#### Signature Dishes

- The Nor'easter 8.79** Savory bacon and cheddar scones topped with Canadian bacon, poached eggs and cheese sauce, served with home fries or baked beans
- The Down'easter 8.99** Our delicious seafood cakes topped with poached eggs, bacon and cheese sauce, with home fries or baked beans
- Hungry Pilgrim 7.59** Two buttermilk pancakes, grilled ham steak, farm fresh eggs and baked beans
- HnK Potato Cakes and Eggs 7.29** Our grilled potato pancakes combine shredded potato with peppers, onions and seasonings, topped with sour cream and scallions. Served with farm fresh eggs and toast
- NEW The Mayflower 7.99** Two cranberry whole wheat pancakes, turkey bacon and two eggs any style

### Hearty Cape Cod Breakfasts

Served from 7 am 'til close. • Home fries not available after 3 pm

- Plantation Special 7.99** Two eggs, bacon, sausage, toast and home fries
- Bacon & Eggs 6.99** Crisp, center cut strips of smoky bacon with fresh country eggs and toast. Also available with grilled Ham Steak, Sausage or Linguica patties
- Steak Tips & Eggs<sup>0</sup> 10.99** Grilled seasoned tips, peppers and onions with two eggs any style, served with home fries and toast
- Harvest Hash & Eggs 6.99** Our made from scratch butternut and potato hash grilled and served with two farm fresh eggs and toast
- Corned Beef Hash & Eggs 7.99** A New England favorite
- The Continental 6.29** Yogurt parfait made with fresh fruit topped with crunchy granola. Served with choice of toast, muffin or bagel with cream cheese
- Organic Egg White Frittata 8.99** Individually baked with mushrooms, onions, peppers, tomato, spinach and cheese. Served with turkey bacon, home fries and organic wheat toast
- Lite & Hearty 7.99** Low cholesterol eggs or organic egg whites, turkey bacon and organic wheat toast

#### Breakfast Sandwiches & Wraps

- Plantation Burger 7.59** Bacon cheeseburger topped with a fried egg on a bulkie roll
- Cape Cod Bagel Sandwich 6.79** Egg, Canadian bacon, American cheese on a grilled bagel
- Linguica Breakfast Sandwich 6.99** One egg, linguica patty and pepper jack cheese on a Portuguese roll
- Frittata Sandwich 8.99** Organic egg whites baked with mushrooms, onions, peppers, tomato, spinach and cheese. Served on organic wheat bread with cheddar cheese
- Steak 'n Cheese Omelette Wrap 9.29** Lean shaved steak grilled with sautéed onion and bell peppers with aged cheddar, buttery Swiss and egg rolled in a flour tortilla
- Healthy Start Omelette Wrap 9.29** Organic egg whites with fresh spinach, bell peppers, baby bella mushrooms and feta cheese rolled in a flour tortilla
- Baby Bella Veggie Omelette Wrap 8.99** Grilled baby bella mushrooms, spinach, broccoli, tomato, onion and egg with cheddar and Swiss rolled in a flour tortilla
- Meat Lovers Omelette Wrap 8.99** Ham, bacon, sausage, linguica and egg with cheddar & Swiss rolled in a flour tortilla

#### Breakfast Side Orders

- Bacon & Cheddar Scone
- or Muffin ...2.19
- Baked fresh daily*
- Bagel & Cream Cheese ...2.19
- Organic Wheat Toast ...2.19
- Fresh Fruit ...small 2.99 ...large 4.99
- Yogurt Parfait ...3.99
- Vanilla yogurt with fresh fruit and granola*
- Hash Browns ...1.99
- Baked Beans ...1.99
- Harvest Hash ...1.99
- Ham, Sausage or Bacon ...2.79
- Linguica Patty, Hash or Turkey Bacon ...2.99

Served until 3 pm

NEW H'nK Potato Cakes ...2.49

- Pilgrim Fries ...2.99 Home fries with sausage, peppers, onions and cheese sauce
- Home Fries ...1.99

Wholesome food, thoughtfully prepared  
**H'nK Approved**



Before placing your order, please inform your server if a person in your party has a food allergy  
Kids Menu and Gluten-Free Menu available, please ask your server

# Hearty Sandwiches & Burgers

Served daily from noon 'til close.

- Soup & Half Sandwich 8.59** Tuna, Turkey, Reuben, BLT or Chicken Salad served with a kettle of our soup of the day
- The Ultimate Reuben 9.59** Triple decker, with thin-sliced pastrami, braised sauerkraut, cole slaw, Swiss and 1,000 Island on marble rye
- Cape Cod Reuben 10.59** Golden-fried Scrod, cole slaw, Swiss cheese and 1,000 Island dressing on grilled marble bread
- Half of a Cape Cod Reuben & Clam Chowder 10.59**
- Hot Pastrami 7.99** Thin sliced pastrami and Swiss on grilled bulkie roll
- H 'n K Chicken Salad 7.99** All-white meat with diced apple, cranberries and walnuts
- Chicken Caesar Roll-up 8.59** Grilled, seasoned tenders rolled with Caesar salad
- Grilled Chicken Melt 8.99** Grilled tenders topped with sautéed onions, baby bellas and melted Swiss cheese. Served open faced
- NEW Chicken Cobb Wrap 10.99** All natural, hormone & antibiotic-free boneless breast, cucumber, bleu cheese, lettuce, tomato, bacon and fresh avocado
- Meatball Flatbread Pizza\* 7.99** Made from scratch, all-natural Angus meatballs with onion, mozzarella and our marinara on grilled flatbread
- Cobb Flatbread Pizza\* 7.99** Grilled chicken, fresh tomato, bleu cheese, hickory bacon & mozzarella and avocado
- Clam Roll 9.59** Hand breaded fresh clam strips in a grilled roll
- Tuna Melt 8.29** All white Albacore tuna grilled with Swiss cheese, Bermuda onions and tomato on country white bread
- Baby Bella Veggie Melt 8.99** Baby bella mushrooms, onions, broccoli, Swiss cheese, avocado, bell peppers & spinach
- Veggie Burger 8.59** With lettuce, tomato, sliced beets, cheddar and pesto
- Double Dogs\* 7.99** 2 natural casing hot dogs on grilled buns with baked beans and sauerkraut. The best tasting hot dog we could find
- NEW Chili Dogs\* 8.59** 2 natural casing hot dogs on grilled buns with our all natural beef chili, aged cheddar and Swiss cheeses
- Steak Bomb Sub\* 8.99** Lean shaved steak, lightly seasoned and grilled with onion and sweet peppers topped with American cheese
- Turkey & Stuffing Roll-up 7.99** Roast turkey breast, fresh-made cranberry sage stuffing and cranberry mayo
- Turkey Pesto Melt 9.59** Thin sliced turkey, grilled with tomato, avocado, pesto and cheddar on multi-grain bread
- Turkey Club 9.29** A classic! With bacon, lettuce and tomato

## Burgers - All burgers are USDA, fresh, Choice Black Angus beef.

- Double Bacon Cheeseburger\* 9.59** Two 1/4 pound cheeseburgers topped with bacon, lettuce, and tomato with 1,000 Island dressing
- Bacon 'n Cheese\* 8.99** Crisp, hickory smoked bacon and cheese
- All-American\* 8.99** With lettuce, tomato and American cheese
- Cheeseburger Club\* 8.99** Triple-decker BLT with a grilled 1/4 lb cheeseburger
- Onion Ring Burger\* 8.99** Topped with crispy fried onion rings and cheddar cheese, served with BBQ sauce
- Mushroom and Onion Burger\* 9.59** Topped with sliced baby bella mushrooms and sautéed onions with melted Swiss cheese

**HNK NATURAL BURGERS** - Our signature burgers are made with the most flavorful, all natural, vegetarian fed, hormone & antibiotic-free, black angus beef

- NEW Natural Burger\* 9.99** Topped with lettuce, tomato and Bermuda onion
- NEW Taco Burger\* 10.99** Our all-natural beef coated with zesty taco seasonings, topped with lettuce, pepperjack cheese, served with salsa and sour cream

◇ Consuming raw or undercooked beef, fish, pork, poultry, eggs or shellfish may increase your risk of foodborne illness

# Appetizers, Soups & Chowders

Soups and Appetizers served noon - close • Soups and Chowders are made-from-scratch.

- Soup of the Day Kettle 3.99 Large Kettle 4.99** Fresh, hearty, original recipes, made daily!
- NEW Chicken Barley Soup Kettle 3.99 Large Kettle 4.99**
- Clam Chowder Kettle 4.99 Large Kettle 5.99** Fresh shucked clams, thick and creamy
- Baked French Onion Soup 5.59** with a garlic crouton and Swiss and cheddar cheeses
- NEW Bowl of H 'n K Chili 5.99**
- Fresh Garden Salad 3.59**
- H'nK Signature Salads 4.59**  
Caesar, Greek, Spinach, Organic
- Seafood Cakes 6.79**
- Mozzarella Stix 5.99**
- Appetizer Sampler 8.99** Chicken Tenders, Mozzarella Stix, Veggie Risotto Cakes, and our hand breaded Onion Rings
- Chicken Quesadilla 8.99**
- Garlic Shrimp 8.99**
- Boneless Buffalo Tenders 6.59**
- Buffalo Chicken Dip 6.79**  
Served warm with kettle chips
- Chicken Tenders 6.59**
- Potato Skins 6.29** With bacon and melted cheese
- Kettle Chips 4.99** Freshly made potato chips, with blue cheese dip
- NEW Irish Nachos 7.99** Kettle chips with chili, Swiss & Cheddar cheeses, scallions, salsa and sour cream
- Chicken Wings 8.59** Crispy fried chicken wings, plain, buffalo or orange ginger
- Onion Rings 4.99**

Salad Dressing Choices: Creamy Herb, Bleu Cheese, White French, Greek, Honey Mustard Vinaigrette, Organic Sun-dried Tomato, Natural Mango Salsa Vinaigrette, Fat-Free Raspberry Walnut

# Lunch & Dinner Entrées

Served daily from noon 'til close.

## From the Sea

- Nut-Crusted Scrod 16.99** Baked with almond nut breading, finished with an orange ginger drizzle and mango salsa
- Cape Scrod 16.99 H'nK Favorite!** Lightly coated with cracker crumbs and seared to perfection
- Fish and Chips\* 14.59** Golden-fried Scrod served with fries and cole slaw
- Nut-Crusted Salmon 15.99** Baked with almond nut breading, finished with an orange-ginger drizzle and mango salsa
- Grilled Salmon 15.99** Lightly seasoned, grilled and topped with garlic 'n herb butter, on a bed of fresh spinach and tomatoes
- Seafood Cakes\* 11.99** Made fresh with Sea Scallops, Shrimp and Crabmeat, served with baked beans, cole slaw, Dijon tarragon mayo
- Seafood Medley 16.99** Scrod, Sea Scallops and Shrimp with our seafood stuffing
- Baked Stuffed Scallops 17.99** Fresh native Sea Scallops baked with our seafood stuffing
- Fisherman's Platter\* 18.99** Golden-fried Scrod, Shrimp, Scallops, Clam Strips and onion rings, served with fries, cole slaw and a seafood cake
- Shrimp Scampi\* 14.99** Grilled shrimp tossed with garlic and herbs over linguini
- NEW Mango Shrimp\* 14.99** Grilled shrimp served atop brown rice, finished with freshly made mango salsa

## From the Land

- Prime Rib\* 17.99** Served Fri. & Sat. 4pm - close, Seasoned and slowly roasted to perfection
- Grilled Rib Eye Steak\* 17.99** Boneless Rib Eye, seasoned and seared to perfection  
*With grilled onions & baby bellas (1.99 extra)*
- French Onion Rib Eye Steak\* 18.99** Tender rib eye topped with our French onion soup and melted cheese
- Meatloaf & Mashed\* 11.99** Made from all natural Angus beef, served with mushroom gravy and mashed potato
- Grilled Steak Tips\* 14.99** Choice, tender, juicy steak tips, marinated and grilled with peppers and onions, finished with a sweet and spicy glaze, served on rice
- Steak and Shrimp\* 18.99** Tender steak tips and grilled garlic shrimp served with toasted crostini, rice and vegetable
- Tortellini Primavera\* 11.99** Broccoli, spinach, tomatoes, onions and mushrooms, tossed with our creamy Alfredo sauce. Served over cheese tortellini. Vegetarian friendly
- NEW Pesto Pork Cutlet 12.99** Tender pork cutlet lightly breaded, topped with pesto cream sauce, on a bed of fresh spinach and tomatoes. Served with garlic pasta.
- Chicken and Broccoli Tortellini\* 12.99** Grilled, marinated chicken tenders and broccoli, tossed in creamy Alfredo sauce with cheese tortellini
- Cranberry Chicken\* 12.99** Boneless, skinless breast, lightly breaded and fried, served on top of our cranberry sage stuffing with savory gravy
- Mediterranean Chicken\* 14.99** Grilled all natural, hormone & antibiotic-free boneless breast with spinach, tomato, Kalamata olives, feta cheese and brown rice
- Chicken Pot Pie\* 11.99 H'nK Favorite!** A hearty portion of braised all-white meat, carrots, peas, onions, savory chicken gravy served on flaky puff pastry with mashed potatoes
- Roast Turkey\* 13.79** Our famous roasted turkey with our very own cranberry sage dressing, fresh turkey gravy and cranberry sauce

All sandwiches & burgers receive a choice of one side, All dinners receive a choice of two sides: mashed potatoes, baked potato, fries, kettle chips, rice pilaf, organic brown rice, pickled beets, butternut squash, vegetable of the day, baked beans, cole slaw, or veggie risotto cakes (except \*) • Loaded mashed potatoes add \$.99 • Sweet potato fries add \$1.29 • Hand-battered Onion Rings add 1.99

# Garden Salad Entrées

- NEW Taco Salad 10.39** Our garden salad with all natural chili, cheese, scallions and tortilla strips. Served with salsa and sour cream
- NEW Apple Pecan Salad 8.99** Organic greens, sliced apples, feta cheese, toasted pecans
- Cobb Salad 11.39 H'nK Favorite!** Grilled chicken, cucumber, avocado, tomatoes, eggs and bacon over assorted greens with Bleu cheese dressing

## Create Your Own Salad

Start with a choice of fresh salad:

- Garden Salad 4.79** Greens, grape tomatoes, cucumber, Bermuda onions and croutons
- Organic Salad 5.99** Organic greens, grape tomatoes, cucumber, Bermuda onions and croutons
- Spinach Salad 5.59** Tender baby spinach, crisp bacon, chopped eggs and croutons
- Caesar Salad 5.59** Chopped romaine lettuce tossed in Caesar dressing with croutons
- Greek Salad 5.59** Assorted greens, tomato, cucumber, Bermuda onion, bell peppers, Kalamata olives and feta cheese

## Add a topping:

- Grilled Chicken Tenders, rosemary marinade ...add 6.59**
- Grilled All Natural Chicken Breast ...add 6.99**
- Buffalo Chicken, with bleu cheese ...add 6.59**
- Crispy Chicken Tenders, fried golden brown ...add 6.59**
- Chicken Salad, with apples, cranberries, walnuts ...add 5.79**
- Grilled Garlic Shrimp ...add 7.59**
- Tuna Salad ...add 5.79**
- Grilled Salmon ...add 8.29**
- Steak Tips\* ...add 7.59**