

MENU

All Items Available For TAKE-OUT

Prices and menu items subject to change

Hearth'n Kettle

RESTAURANTS • Est. 1973



Wholesome food
thoughtfully prepared
H'nK Approved

Open 7 days at 7am
Serving Breakfast All Day,
Lunch & Dinner
Free Wi-Fi at all locations!

HYANNIS • (508) 568-2935

1225 Iyannough Road at the Cape Codder Resort

YARMOUTH • (508) 394-2252

1196 Main St./Rte. 28 in the H'nK Plaza

PLYMOUTH • (508) 747-7405

25 Summer Street at the John Carver Inn

WEYMOUTH • (781) 331-7007

151 Main St./Rte. 18

Appetizers, Soups & Salads

Soups and Appetizers served noon 'til close

Soup of the Day Kettle 5.29 Large Kettle 6.29
Fresh, hearty, original recipes, made daily!

Clam Chowder Kettle 7.29 Large Kettle 8.29
Made with fresh shucked clams, thick and creamy

Baked French Onion Soup 7.29
Caramelized onions in a flavorful broth, baked with a garlic crouton and Swiss and cheddar cheeses

Chicken Barley Kettle 5.29 Large Kettle 6.29
Made-from-scratch and full of chicken, vegetables and barley

New! Bowl of Chili 7.99
Topped with cheddar and Swiss, served with two mini corn muffins

Fresh Garden Side Salad 5.29
Assorted tender greens, grape tomatoes, cucumbers, Bermuda onions and croutons

H'nK Signature Side Salads
Caesar, Greek or Spinach...6.29
Apple Pecan...7.59

Kettle Chips 7.29
Freshly made potato chips, served warm with our bleu cheese and scallion dipping sauce

Onion Rings 7.29
Hand-cut, breaded to order and piled high

H'nK Meatballs 8.29
Three meatballs, served with mozzarella, marinara and garlic bread

Mozzarella Stix Reg 7.29 Sm 5.29
Fried golden, served with marinara sauce

Chicken Tenders Reg 11.39 Sm 8.29
Hand breaded and fried

Boneless Buffalo Tenders Reg 11.99 Sm 8.99
Chicken tenders in a buttery hot sauce

Garlic Parmesan Tenders Reg 11.99 Sm 8.99
Crispy chicken tenders tossed in our garlic parmesan butter sauce

Buffalo Chicken Dip 8.99
A spicy mixture of diced chicken, cream cheese, buffalo sauce and cheese, individually baked, served with kettle chips, carrots & celery

Chicken Quesadilla 11.39
Grilled chicken with peppers, onions, avocado, corn, black beans and pepper jack cheese, with salsa and sour cream

Veggie Melt Quesadilla 9.99
Baby bella mushrooms, broccoli, bell peppers, onions, avocado, spinach and pepper jack cheese served in a crispy flour tortilla with salsa and sour cream

Shrimp Quesadilla 11.99
Garlic grilled shrimp with corn, black beans, peppers, onion, avocado and pepper jack cheese served in a crispy flour tortilla with salsa and sour cream

Seafood Cakes 8.29
Two homemade cakes with scallops, shrimp and fish golden fried, served with our tarragon mustard sauce

Appetizer Sampler 11.39
Chicken tenders, mozzarella stix, kettle chips and our hand-breaded onion rings

We evaluate each and every menu item against these three criteria to determine if it is "H'nK Approved" before we will consider adding it to our menu:



WHOLESUME

#1 Wholesome

We are committed to making as many ingredients as possible fresh, nutritious, all-natural, hormone-free, antibiotic-free and free of artificial preservatives. Our chefs must create the meal fresh in-house, rather than reheat something that was pre-made in a factory or commissary.

#2 Great Tasting

We must be passionate about the menu item. It has to be something that we would be proud to serve to our families and friends.

#3 Competitively Priced

The ingredients and procedures must allow the menu item to be sold at a reasonable price.

www.HearthnKettle.com

Salad Entrées

Apple Pecan Salad 13.29

Assorted greens, sliced apples, bleu cheese, toasted pecans, craisins, Bermuda onions and cucumbers

Cobb Salad 14.99

H 'n K Favorite! Grilled chicken, cucumbers, avocado, tomatoes, eggs and bacon over assorted greens with bleu cheese dressing

New! Quinoa Power Salad 14.99

A flavorful combination of quinoa grains, baby spinach, tomatoes, cucumber and vinaigrette dressing, on a bed of baby spinach with sliced avocado and all-natural chicken breast

Create Your Own Salad

Garden Salad 6.99

Assorted tender greens, grape tomatoes, cucumbers, Bermuda onions, eggs and croutons

Spinach Salad 7.99

Tender baby spinach, crisp bacon, chopped eggs and croutons

Caesar Salad 7.99

Chopped romaine lettuce tossed in Caesar dressing topped with croutons

Greek Salad 7.99

Assorted greens, tomatoes, cucumbers, Bermuda onions, bell peppers, Kalamata olives and feta cheese

Add a Topping

Grilled Chicken Tenderloins...add 6.99

Buffalo Chicken Tenders, with bleu cheese...add 6.99

Crispy Chicken Tenders, fried golden brown...add 6.99

Chicken Salad, with apples, cranberries, walnuts...add 5.99

Grilled Garlic Shrimp...add 7.99 Tuna Salad...add 5.99

Grilled Salmon...add 8.99 Steak Tips...add 8.99

Turkey Burger...add 6.99

Salad Dressing Choices: Creamy Herb (GFP), Bleu Cheese & Scallion (GFP), Greek, Maple Balsamic, Italian, Fat-Free Raspberry Walnut, Honey Mustard, Apple Cider Vinaigrette

GFP signifies items made with gluten-free products. It does not mean 'allergy-free' as our kitchens are not 100% gluten free and cross contact may occur

Before placing your order, please inform your server if a person in your party has a food allergy. H 'n K does not guarantee that cross contact with other allergens will not occur.

Sandwiches

Soup & Half Sandwich 10.99

Tuna, turkey, reuben, BLT or chicken salad served with a kettle of our made-from-scratch Chef's Soup of the Day

Cape Cod Reuben 14.29

Golden fried Scrod, cole slaw, Swiss cheese and 1,000 Island dressing on grilled marble bread

Half of a Cape Cod Reuben & Clam Chowder 14.29

Classic Reuben 11.59

Traditional style, made with tender corned beef, braised sauerkraut, Swiss and 1,000 Island on grilled marbled rye

Baby Bella Veggie Melt 11.39

Baby bella mushrooms, onions, broccoli, Swiss cheese, avocado, bell peppers and spinach

Ultimate B.L.T. 11.99

Fruitwood smoked nitrate-free bacon piled high with lettuce, tomato and avocado on ciabatta

Cheese Steak Bomb 12.39

Lean shaved steak, lightly seasoned and grilled with onions and sweet peppers topped with melted American cheese, served on a grilled sub roll

Meatball Sub 11.39

Our made-from-scratch Angus meatballs in a sub roll grilled with garlic and butter, topped with melted mozzarella cheese

Italian Sausage Sandwich 10.99

Sweet Italian sausage patty topped with peppers, onions and melted mozzarella cheese, served on grilled ciabatta bread with marinara sauce on the side

Chicken Parmesan 12.39

All-natural, hormone & antibiotic-free boneless breast, lightly breaded, topped with marinara sauce and mozzarella, served on grilled ciabatta

H 'n K Chicken Salad 10.39

All-white meat with diced apples, cranberries and walnuts, seasoned to perfection, served on choice of bread

Chicken Caesar Wrap 11.39

Grilled, seasoned tenders rolled with Caesar salad

Buttermilk Fried Chicken 11.99

Golden fried, buttermilk dipped, all-natural chicken on a grilled brioche roll with lettuce, tomato, bacon and our zesty creamy herb sauce

Turkey Club 12.39

A classic! With bacon, lettuce and tomato

Hot Turkey Sandwich 12.39

Served open-faced on Texas toast with cranberry sage stuffing, mashed potatoes and gravy

Turkey & Stuffing Wrap 10.99

Roast turkey breast, fresh-made cranberry sage stuffing and cranberry mayo

Turkey Pesto Melt 13.29 **GFP**

Roast turkey breast, grilled with tomato, avocado, pesto and cheddar on our gluten-free multigrain bread

Turkey & Cheddar 13.39

Roast turkey, sliced apples and cheddar cheese on grilled ciabatta bread with our own Maple Bacon Jam

Tuna Melt 10.99

All-white Albacore tuna grilled with Swiss cheese, Bermuda onions and tomato, served on choice of bread

Open-Faced Fish Sandwich 11.99

George's Bank fried flounder on a buttery brioche roll with lettuce and tomato

New! Chili Burrito 10.99

Our all-natural beef chili, rolled in a flour tortilla with corn, black beans, brown rice and cheese, served with sliced avocado, fresh salsa and sour cream

Burgers

Double Bacon Cheeseburger[◇] 13.39

Two 1/4 pound cheeseburgers topped with bacon, lettuce and tomato with 1,000 Island dressing

Bacon 'n Cheese[◇] 12.39

Crisp, hickory smoked bacon and cheese

Onion Ring Burger[◇] 11.99

Topped with crispy fried onion rings and cheddar cheese, served with BBQ sauce

Mushroom and Onion Burger[◇] 12.39

Topped with sliced baby bella mushrooms and sautéed onions with melted Swiss cheese

Grilled Cheese Burger[◇] 11.99

Grilled country white bread with cheddar cheese and Bermuda Onion

Cheeseburger Club[◇] 12.39

Triple-decker BLT with a grilled 1/4 lb cheeseburger

Turkey Burger 10.99

Made in-house with all-natural, antibiotic-free turkey, dried cranberries, with lettuce and tomato and our cranberry mayo

All-American[◇] 11.99

With lettuce, tomato and American cheese

Side Choices

All sandwiches are served with a choice of one side:

Vegetable of the day, mashed potatoes, fries, kettle chips, brown rice, quinoa salad, cheddar mac 'n cheese, pickled beets, butternut squash, baked beans or cole slaw

- Loaded mashed potatoes add .99¢
- Sweet potato fries add \$1.39
- Hand-battered onion rings add \$1.99
- Substitute gluten-free multigrain bread add .70¢

Our signature burgers are made with all-natural, high quality, U.S.A. raised beef. 100% vegetarian fed, no hormones or antibiotics ever. The best you can buy.

◇Consuming raw or undercooked beef, fish, pork, poultry, eggs or shellfish may increase your risk of foodborne illness

Lunch & Dinner Entrées

SERVED NOON 'TIL CLOSE

Steak Tips[◇] 21.99

Tender Beef tips, topped with peppers and onions and finished with a sweet & spicy glaze, served with our brown rice and butternut squash

Prime Rib[◇] 24.99 (as available, 4 pm – close)

Seasoned and slowly roasted to perfection, served with choice of 2 sides

Country Fried Steak 15.99

Tender, thin steak, breaded and fried and topped with grilled onions and our savory brown gravy, served with mashed potatoes & cole slaw

Linguini and Meatballs 12.99

Made-from-scratch with all-natural Angus beef served over linguini with traditional marinara, garlic bread and vegetable

Buffalo Mac 'n Cheese 13.99

Our macaroni and cheese blended with our spicy buffalo dip, topped with buffalo chicken tenders and scallions

Chicken Parmesan

Dinner Portion 18.59 Luncheon Portion 15.59

All-natural, hormone & antibiotic-free boneless breast, lightly breaded, topped with marinara sauce and mozzarella, served with linguini and vegetable of the day

Buttermilk Fried Chicken

Dinner Portion 16.99 Luncheon Portion 13.99

Golden fried, buttermilk dipped, all-natural chicken, served with mac 'n cheese and cole slaw

Mediterranean Chicken 18.99 **GFP**

Grilled all-natural, hormone & antibiotic free, boneless breast topped with spinach, tomatoes, feta cheese and olives, served with brown rice and vegetable of the day

Stir Fry

Fresh zucchini, broccoli, carrots, peppers & onions, tossed in an orange ginger sauce, served over brown rice. Four choices:

Vegetable 13.99 / Chicken 16.99
Steak 17.99 / Shrimp 17.99

Side Choices

Vegetable of the day, mashed potatoes, fries, kettle chips, brown rice, quinoa salad, cheddar mac 'n cheese, pickled beets, butternut squash, baked beans or cole slaw

- Loaded mashed potatoes add .99¢
- Sweet potato fries add \$1.39
- Hand-battered onion rings add \$1.99

Early Bird Complete Meal Value

Add a cup of Soup of the Day or Garden Salad and a Petite Dessert to an Entrée for 4.29

(available 4 pm to 6 pm daily)

Kettle Classics

Turkey Dinner 18.59

Our famous turkey with our very own cranberry sage stuffing, mashed potatoes, butternut squash, vegetable of the day, fresh turkey gravy and cranberry sauce

Yankee Pot Roast 14.99

Tender braised beef and vegetables with a rich beef gravy served with our mashed potatoes

Chicken Pot Pie 15.99

H 'n K Favorite! A hearty portion of braised all-white meat, carrots, peas and onions with a savory chicken gravy, served on flaky puff pastry with mashed potatoes

Seafood Medley 21.99

Shrimp, Scallops and fresh Scrod broiled in a casserole with a light cracker crumb topping. Served with choice of two sides

Broiled Cape Scrod

Dinner Portion 20.99 Luncheon Portion 16.99
H 'n K Favorite! Always fresh North Atlantic Scrod coated with cracker crumbs and seared to perfection, served with choice of two sides

Grilled Liver & Onions[◇] 12.99 **GFP**

Beef liver grilled and topped with sweet sherried onions and crisp bacon. Served with choice of two sides

Meatloaf & Mashed 16.99

Made from all-natural beef, served with mushrooms, gravy, butternut squash and mashed potatoes

From the Sea

Broiled Cape Scrod

Dinner Portion 20.99 Luncheon Portion 16.99

H 'n K Favorite! Always fresh North Atlantic Scrod coated with cracker crumbs and seared to perfection, served with choice of two sides

Stuffed Scrod 20.99

Fresh North Atlantic Scrod, broiled with our savory seafood stuffing and topped with our hollandaise sauce. Served with choice of two sides.

Grilled Salmon 21.99 **GFP**

Lightly seasoned, grilled and topped with garlic 'n herb butter, on a bed of fresh spinach and tomatoes. Served with choice of two sides

Orange Ginger Salmon 21.99

Grilled, fresh Atlantic salmon, finished with our orange ginger sauce and mandarin oranges. Served with brown rice and vegetable

Broiled Sea Scallops 24.99

Fresh, native Sea Scallops broiled. Served with choice of two sides

Shrimp Scampi 19.99

Grilled Shrimp tossed with garlic and herbs with spinach and tomatoes over linguini with garlic bread and vegetable of the day

Seafood Medley 21.99

Shrimp, Scallops and fresh Scrod broiled in a casserole with a light cracker crumb topping. Served with choice of two sides.

Fried Cape Scrod

Dinner Portion 20.99 Luncheon Portion 16.99

H 'n K Favorite! Always fresh North Atlantic Scrod fried, served with fries and cole slaw

Fried Sea Scallops 24.99

Fresh, native Sea Scallops golden fried. Served with fries and cole slaw

Seafood Platter 20.99

Golden fried fresh Scrod, Scallops and Shrimp, served with fries, hand-battered onion rings and cole slaw

Seafood Cakes 14.99

Two homemade cakes with scallops, shrimp and fish golden fried, served with baked beans, cole slaw and our tarragon mustard sauce

Fried Flounder 14.99

Golden fried George's Bank Flounder served with fries and cole slaw

Fried Shrimp 16.99

Golden fried Shrimp served with fries and cole slaw

Jumbo Fried Clam Strips 13.99

Hand-battered, fresh clam strips, fried golden brown served with fries and cole slaw

Breakfast

AVAILABLE 7 AM 'TIL CLOSE. HOME FRIES NOT AVAILABLE AFTER 3 PM.

Hearty Cape Cod Breakfasts

Plantation Special 10.59

Two farm fresh eggs, bacon, sausage, toast and home fries

Two Farm Fresh Eggs, Toast and... 8.59

Crisp, center cut strips of smoky bacon or grilled ham or sausage. Substitute Fruitwood smoked nitrate-free bacon or turkey bacon...add \$1.50

Lite & Hearty 9.79

Low cholesterol egg whites, turkey bacon or Fruitwood smoked nitrate-free bacon and organic wheat toast

Corned Beef Hash & Eggs 9.79

A New England favorite! Grilled corned beef hash, with two farm fresh eggs and toast

Steak Tips & Eggs[◊] 13.29

Tender Beef tips, grilled with peppers and onions, served with two eggs any style, home fries and toast

Egg White Frittata 11.29

Individually baked with mushrooms, onions, peppers, tomatoes, spinach and cheese. Served with turkey bacon, fresh fruit and organic wheat toast

Country Fried Steak & Eggs 11.29

Tender, thin steak, buttermilk breaded and fried, topped with our made-from-scratch sausage gravy, served with farm fresh eggs and toast

Country Egg Omelettes

Plantation Omelette 10.99

Two cheese omelette with a side of bacon and sausage

Hash, Onion & Cheese Omelette 10.99

Grilled corned beef hash and sautéed onions with aged cheddar and buttery Swiss cheese

Steak 'n Cheese Omelette 11.29

Lean shaved steak grilled with sautéed onions and sweet peppers with aged cheddar and buttery Swiss cheese

Brazilian Omelette 10.99

Sweet peppers, linguica, sautéed onions and pepper jack cheese, served with salsa and sour cream

Meat Lovers Omelette 11.29

Ham, bacon, sausage and linguica with aged cheddar and buttery Swiss cheese

H 'n K Special Omelette 10.99

Ham, sausage, peppers, onions, mushrooms and aged cheddar and buttery Swiss cheese

Cape Cod Bagel Sandwich 8.59

Egg, bacon and American cheese on a grilled bagel served with home fries

Sweet Muffin Sandwich 8.59

Linguica, egg and cheddar on our sweet Portuguese muffin served with home fries

Italian Sausage Sandwich 8.59

Sweet Italian sausage patty, peppers, onions, egg and cheddar on our sweet Portuguese muffin served with home fries

Organic Oatmeal 6.59

Organic, steel-cut oats, served with raisins, milk and brown sugar

Top your oatmeal with apples in warm maple butter sauce.... Add \$2

The Continental 7.99

Yogurt parfait made with fresh fruit topped with crunchy granola. Served with choice of toast or bagel with cream cheese. Substitute a fresh baked muffin for .50¢ extra

Avocado Toast 8.59

Fresh avocado on organic wheat toast, served with two farm fresh eggs, grape tomatoes, Bermuda onion and baby spinach with a balsamic drizzle

Caprese Omelette 11.29

Tomatoes, basil, spinach and mozzarella cheese, folded in an egg white omelette with a balsamic drizzle

Bacon, Tomato & Cheese Omelette 10.99

Diced tomatoes, bacon, aged cheddar and buttery Swiss cheese

Green Pesto Omelette 11.29

Avocado, feta, aged cheddar and buttery Swiss cheese, folded in an egg white and pesto omelette

Healthy Start Omelette 10.99

Egg whites with fresh spinach, bell peppers, baby bella mushrooms and feta, aged cheddar and buttery Swiss cheese. Served with fresh fruit

Baby Bella Veggie Omelette 10.99

Grilled baby bella mushrooms, broccoli, spinach, tomatoes and onions with aged cheddar and buttery Swiss cheese

SERVED 7 AM UNTIL 3 PM DAILY

Pancakes & French Toast

100% Pure Maple Syrup 2.29

H 'n K French Toast 8.99

Substitute Brioche bread for additional \$1.00

New! Apple Walnut French Toast 10.59

H'nK Favorite! Our thick Brioche French Toast topped with sliced apples and walnuts in our warm maple butter

Cinnamon Raisin French Toast 8.99

Made with bakery fresh cinnamon raisin bread

Buttermilk Pancakes 8.29

New! Apple Walnut Pancakes 9.59

Buttermilk pancakes topped with sliced apples and walnuts in our warm maple butter

Cookies and Cream Pancakes 9.29

Our buttermilk pancakes with Oreo® cookie pieces topped with our sweet cream icing

Cinnamon Bun Pancakes 9.29

Buttermilk pancakes with a cinnamon and brown sugar swirl topped with our sweet icing

Blueberry Pancakes 9.29

Buttermilk pancakes, wild blueberries and blueberry drizzle

Chocolate Chip Pancakes 9.29

Our buttermilk pancakes grilled with chocolate chips served with a chocolate drizzle

Oatmeal Pancakes 8.59 **GFP**

Organic gluten-free batter made with steel-cut oats

Cranberry Oatmeal Pancakes 9.59 **GFP**

Organic steel-cut oatmeal pancakes mixed with sliced cranberries

Blueberry Oatmeal Pancakes 9.59 **GFP**

Organic steel-cut oatmeal pancakes with wild blueberries

Benedicts & Signature Dishes

Eggs Benedict 12.29

English muffins, topped with Canadian bacon, poached eggs, asparagus and hollandaise sauce, served with home fries

Florentine Benedict 12.29

English muffins topped with grilled tomato, wilted spinach and poached eggs with hollandaise sauce, served with our grilled potato cakes

Irish Benedict 12.29

Corned Beef Hash atop english muffins, with poached eggs and our hollandaise sauce, served with home fries

Seafood Benedict 13.29

Two homemade seafood cakes with scallops, shrimp and fish, golden fried and topped with poached eggs and our hollandaise sauce, served with home fries

Country Sausage Benedict 12.29

Fresh baked biscuits topped with poached eggs and our made-from-scratch sausage gravy, served with home fries

Hungry Pilgrim 9.29

Two buttermilk pancakes, grilled ham steak, farm fresh eggs and baked beans

The Mayflower 10.29 **GFP**

Two organic cranberry oatmeal pancakes, turkey bacon and two eggs any style

H 'n K Potato Cakes & Eggs 9.29

(served 'til close)

Our grilled potato cakes combine shredded potato with peppers, onions and seasonings, topped with sour cream and scallions. Served with farm fresh eggs and toast

Philly Skillet 12.39 (served 'til close)

Our made-from-scratch potato cake, topped with thin-sliced shaved steak, sautéed onions and peppers, two farm fresh eggs and melted cheese

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◊Consuming raw or undercooked beef, fish, pork, poultry, eggs or shellfish may increase your risk of foodborne illness